

Keeping Fit for First Grade

Dear Kindergarten (soon to be First Grade) Families,

Congratulations to your child, and to you, on completing a successful year in Kindergarten! The first of many years of learning and exploring has passed and it is time to prepare for first grade. With summer break approaching it is important to be thinking about how you can prevent "summer slide" and help your child retain the important skills that he/she gained in Kindergarten. In an effort to help you with this, I have put together a summer packet. It is packed with activities to help your child prepare for first grade. This packet does not need to be returned to school.

One of the most important things you can encourage your child to do this summer is to read. In addition to reading, there are other skills that need to be revisited over the summer. Activities for practicing these skills are included in this packet.

It is also important for you and your child to relax and have fun this summer. Children need time for recreation and fun. A lot of learning takes place during play.

I am very excited for your child to jump into first grade and become one of the Busy Bees! If you have any questions, please feel free to contact me by email over the summer. This packet will also be available on our school website.

Have a safe and fun summer break!

Sincerely,

Mrs. Bilas

vbilas@edu.shswadsworth.org

Here are some important things that children entering first grade should be able to do.

- Write his/her first and last name correctly, with a capital at the beginning and the rest lowercase.
- Know his/her parent's first and last names.
- Recite his/her address, phone number and birthday.
- Tie his/her own shoes.

Activities to Prevent "Summer Slide"

Religion

Set aside time for daily prayer. Make a list of people to pray for over the summer. Encourage your child to talk about how God is present in everything we see. Look for information about your child's patron Saint. Volunteer to help neighbors, work at a food pantry or collect items to donate to a local pregnancy center.

Reading

READ, READ, and READ some more. Children learn so much by reading and being read to. Reading exercises your brain. It actually strengthens brain connections and builds more and more connections. Reading teaches children about the world around them, increases vocabulary and leads to more highly developed language skills. Talk about the stories by asking your child about the characters, settings, problems and solutions. Make sure your child knows the meaning of any unknown vocabulary words. The public library is a wonderful resource for free reading materials. Many public libraries offer a summer reading program.

Writing

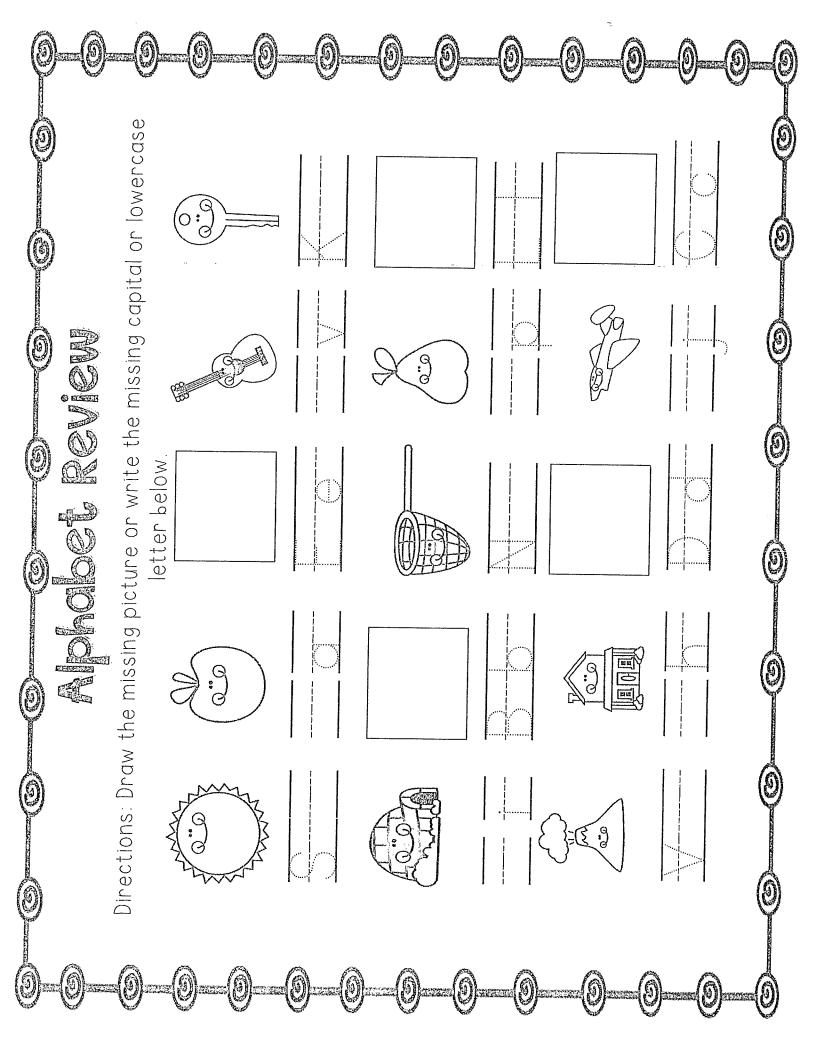
Practice story writing and handwriting. In first grade, we write in complete sentences, we use capital letters at the beginning of every sentence, we capitalize names or people, places and things (proper nouns), and we always use proper ending punctuation. Make sure your child forms his/her letters correctly and leaves a finger-space between words. Have your child keep a journal of activities he/she did over the summer. Encourage your child to stretch out the sounds when writing words. Talk about words that are spelled differently than they sound.

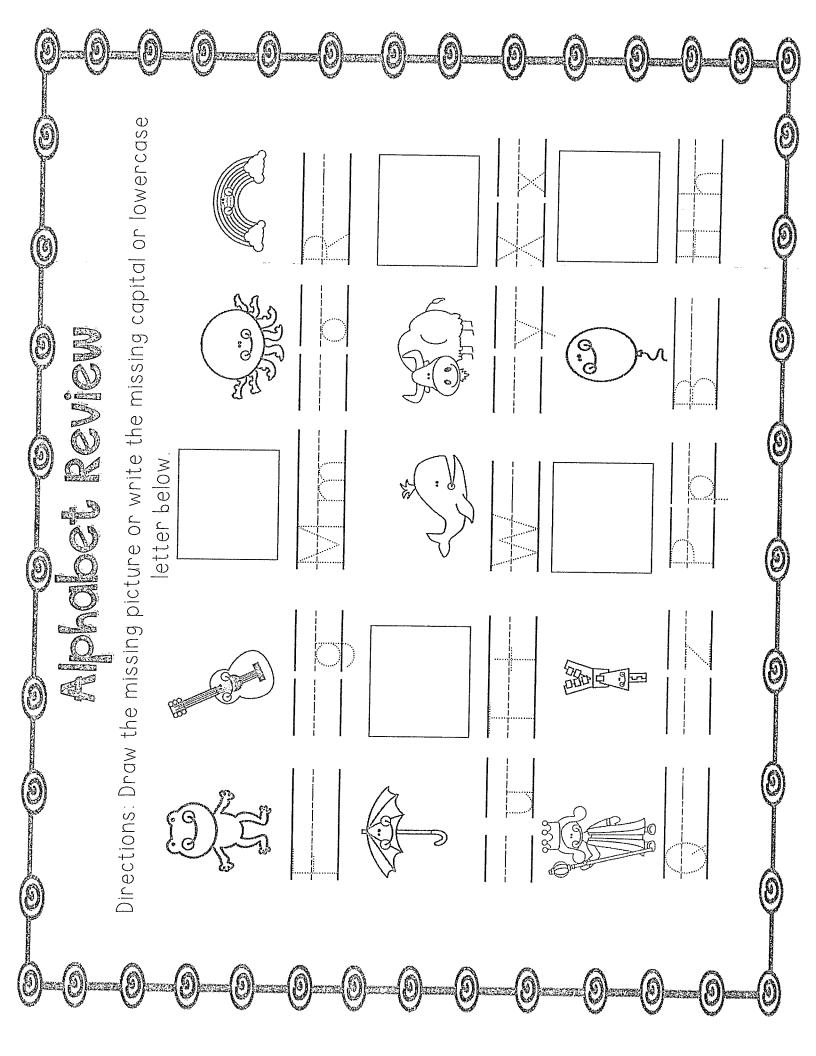
Math

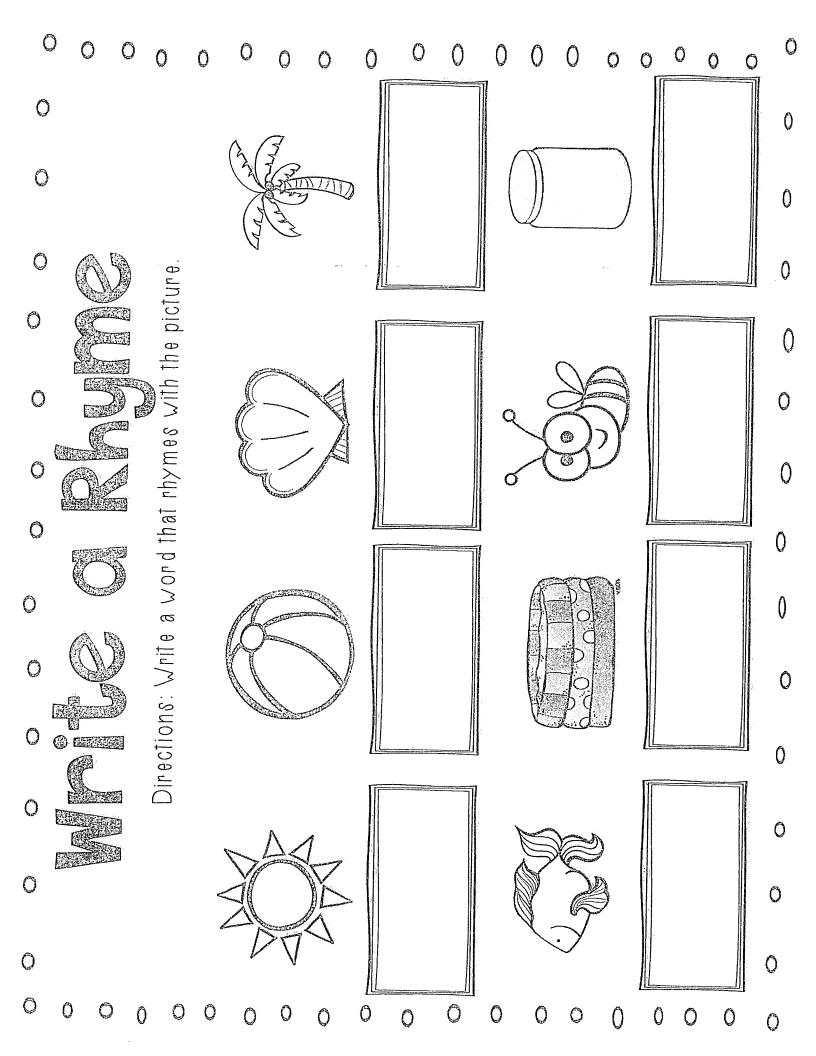
Practice math facts. Your child should know his/her doubles facts (2+2, 3+3, etc.), adding 0, adding 1 and adding 2 facts. Some practice sheets are in the packet. Practice telling time to the hour.

Small Motor Skills

Make sure your child can tie his/her own shoes. Practice cutting with scissors and coloring in the lines. Play with playdough and use a hole-punch to strengthen hand muscles.

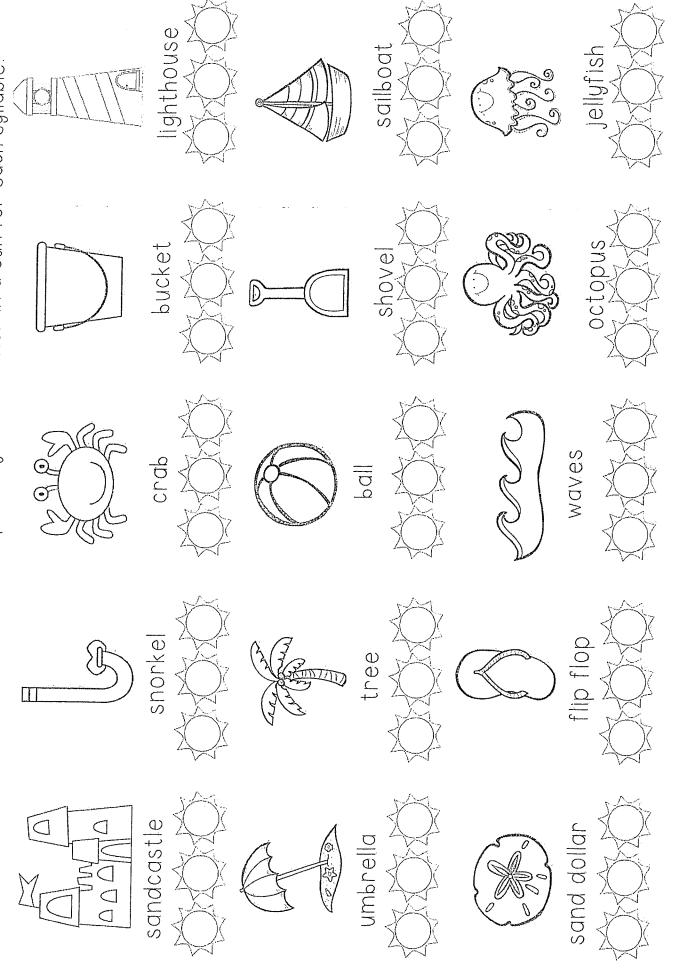


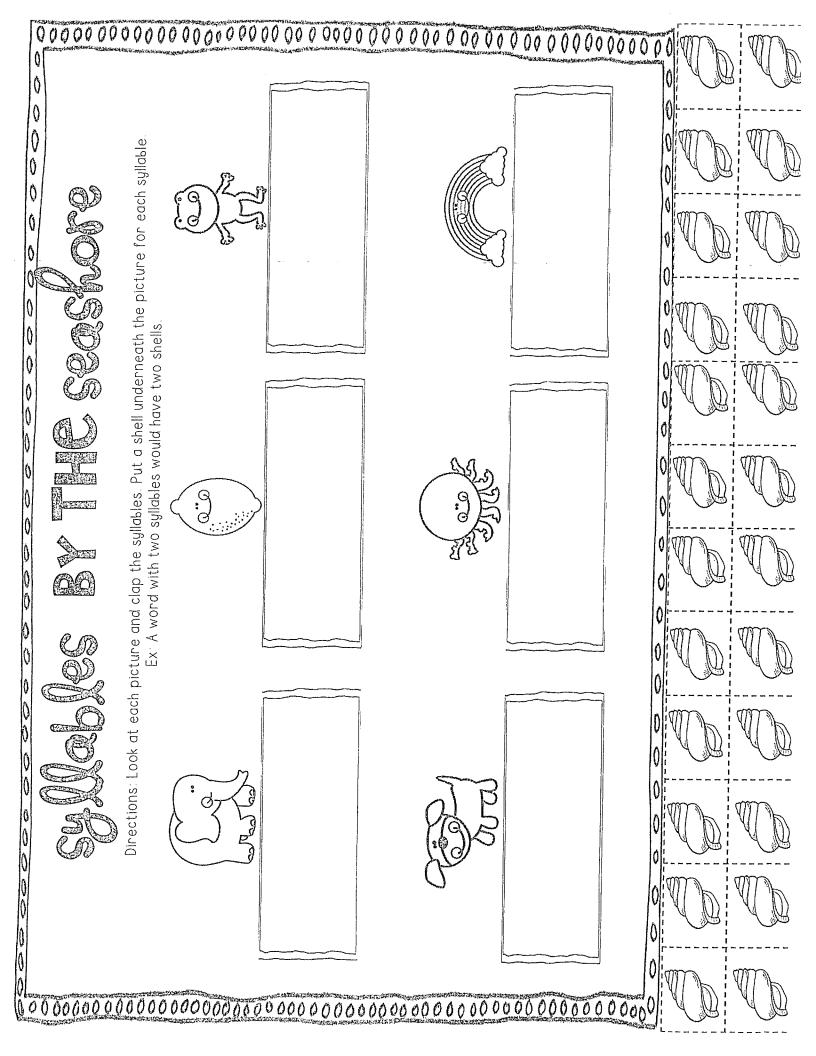


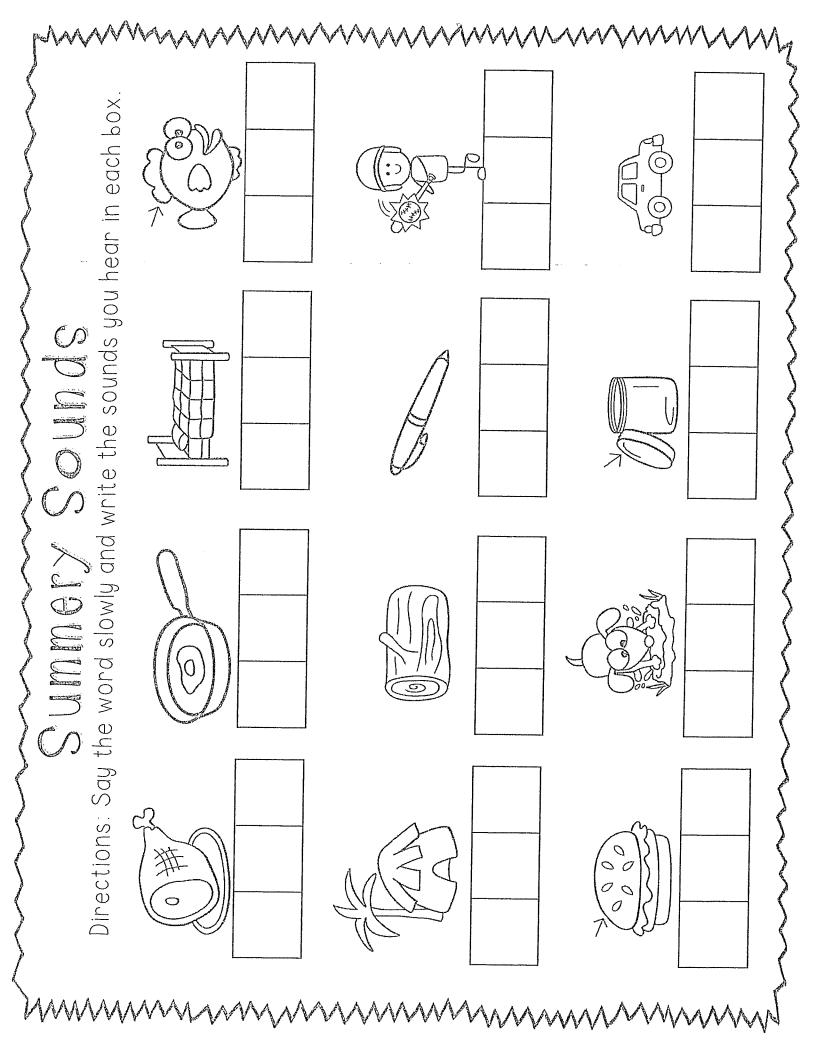


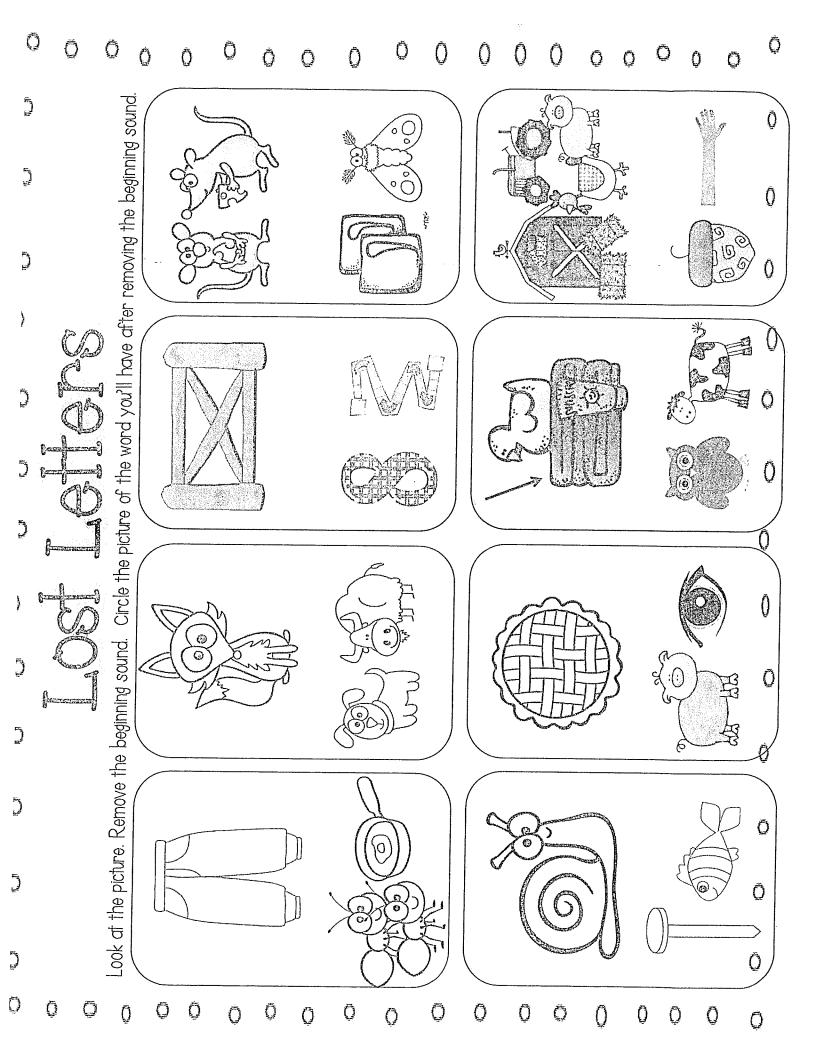


Directions: Say the word and clap the syllables. Color in a sun for each syllable.



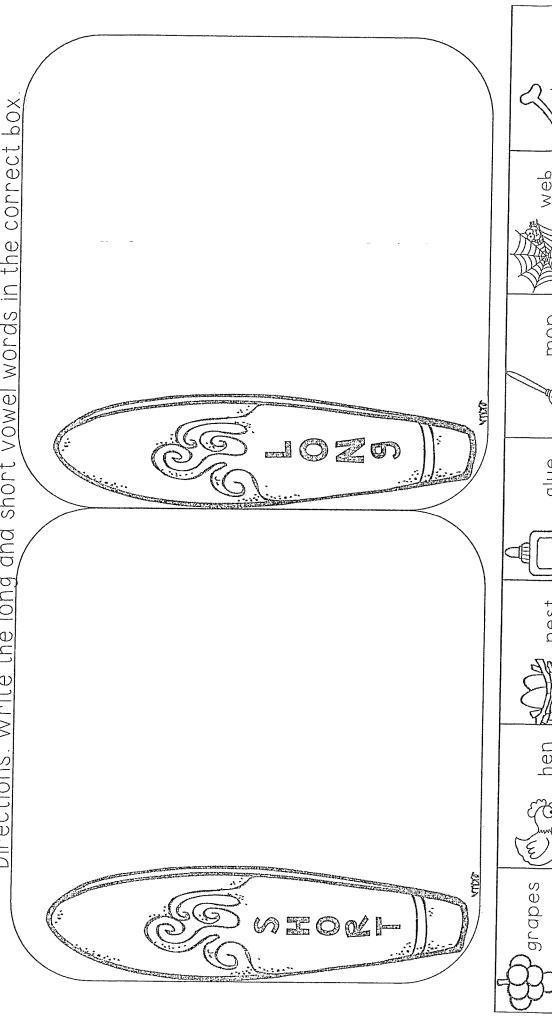




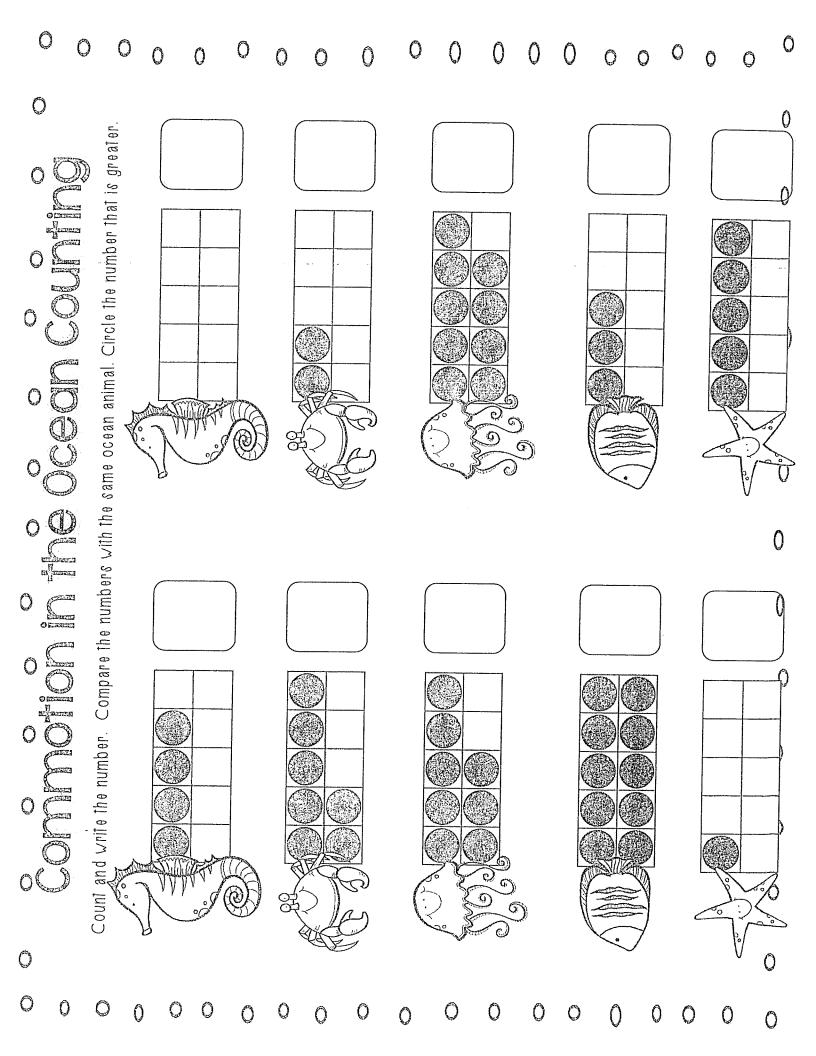


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Directions. Write the long and short vowel words in the correct box



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	hen	goat
	grapes	lion
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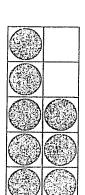
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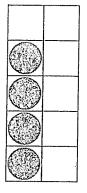
Add 5 more counters How many now?



How many now?

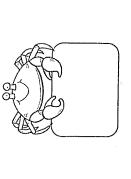


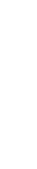
Add 2 more counters How many now?

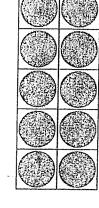


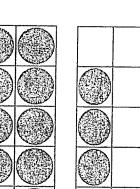
Add 4 more counters How many now?

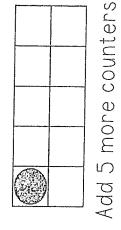












How many now?

Add 3 more counters

Add 4 more counters

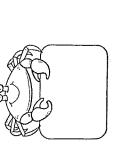
Add 6 more counters

How many now?

How many now?



How many now?

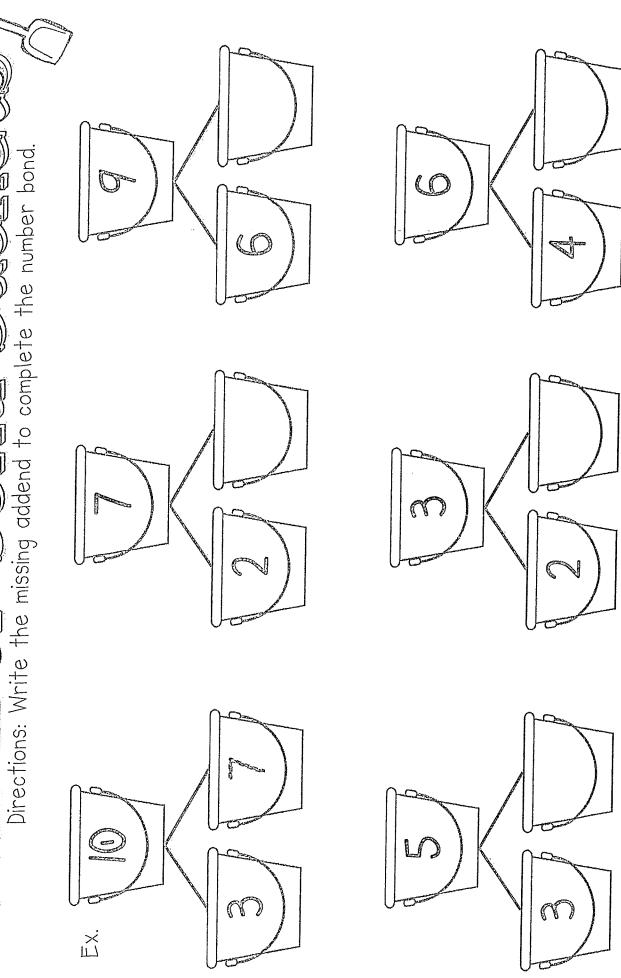




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	ections: Count f sing numbers.	Directions: Count forward to fill in missing numbers.	the COUNT			
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Directions: Fill in the missing numbers. Count by and color all of the 10's. Name:_

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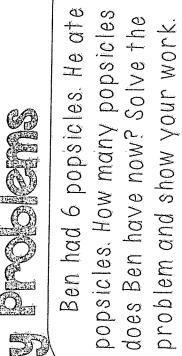


Then two boys came. How many kids are surfing? Solve the problem and There were three girls surfing. show your work.



many dolphins jumped in all? Solve the problem and show your work. 4 Dolphins jumped out of the ocean. Then 5 more jumped. How

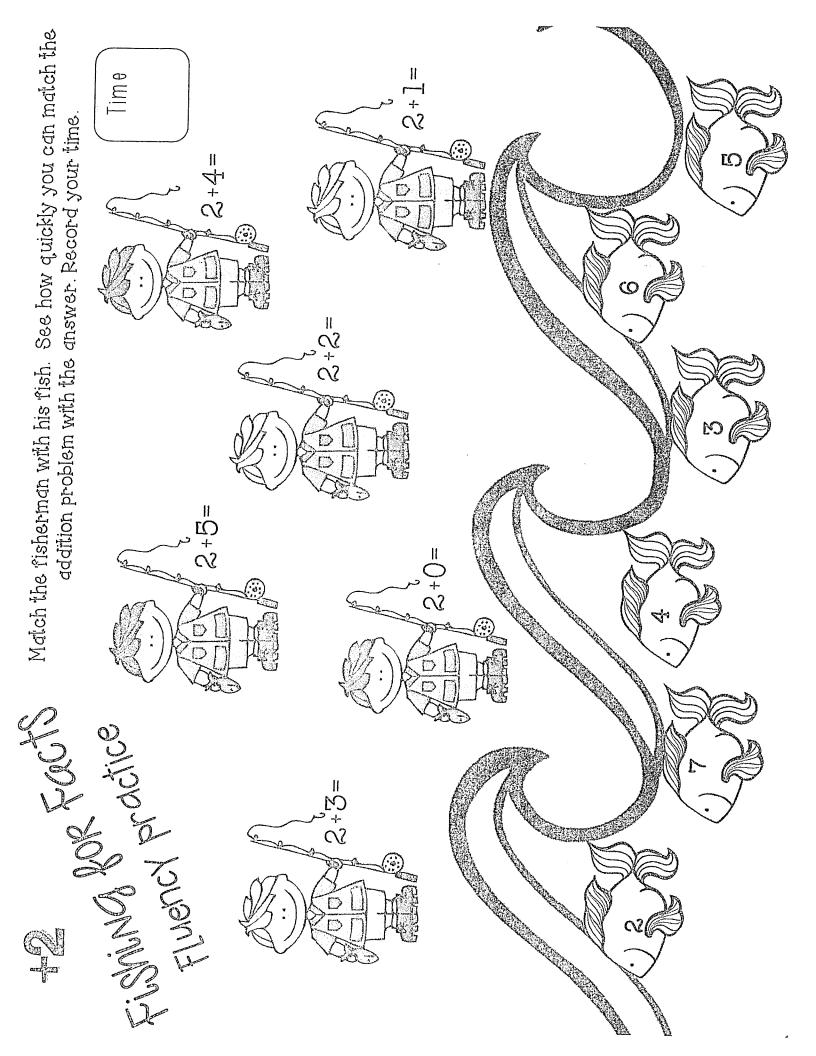


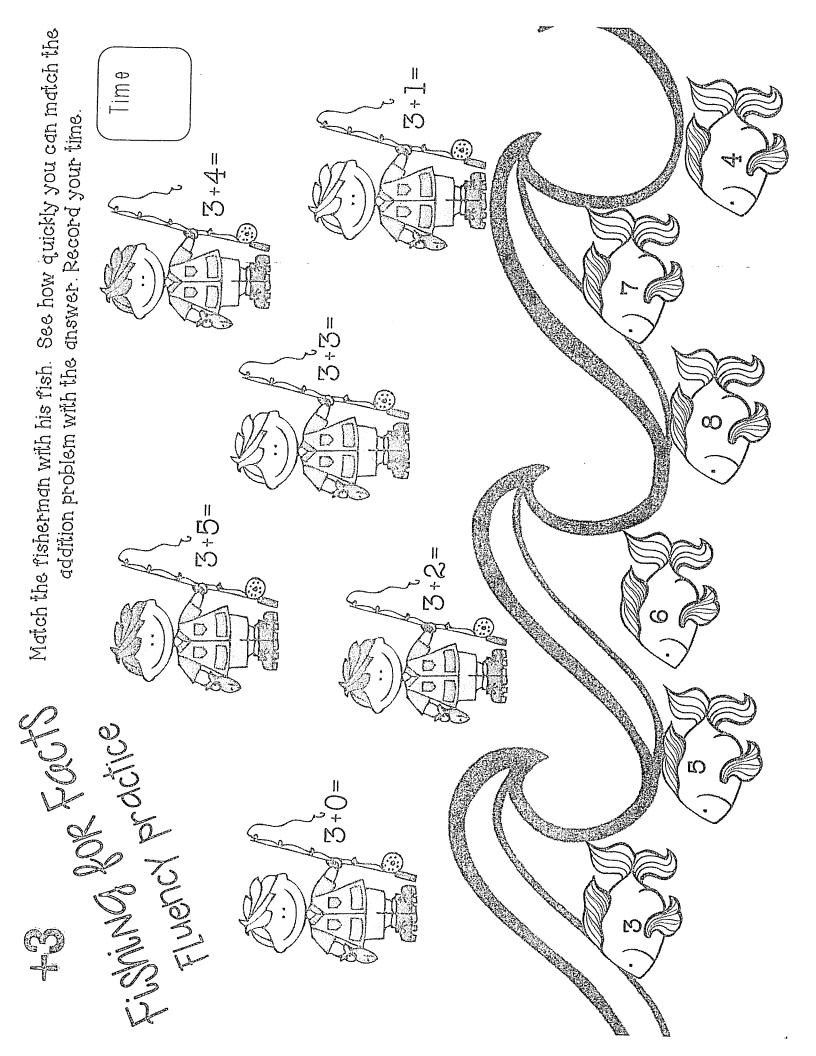


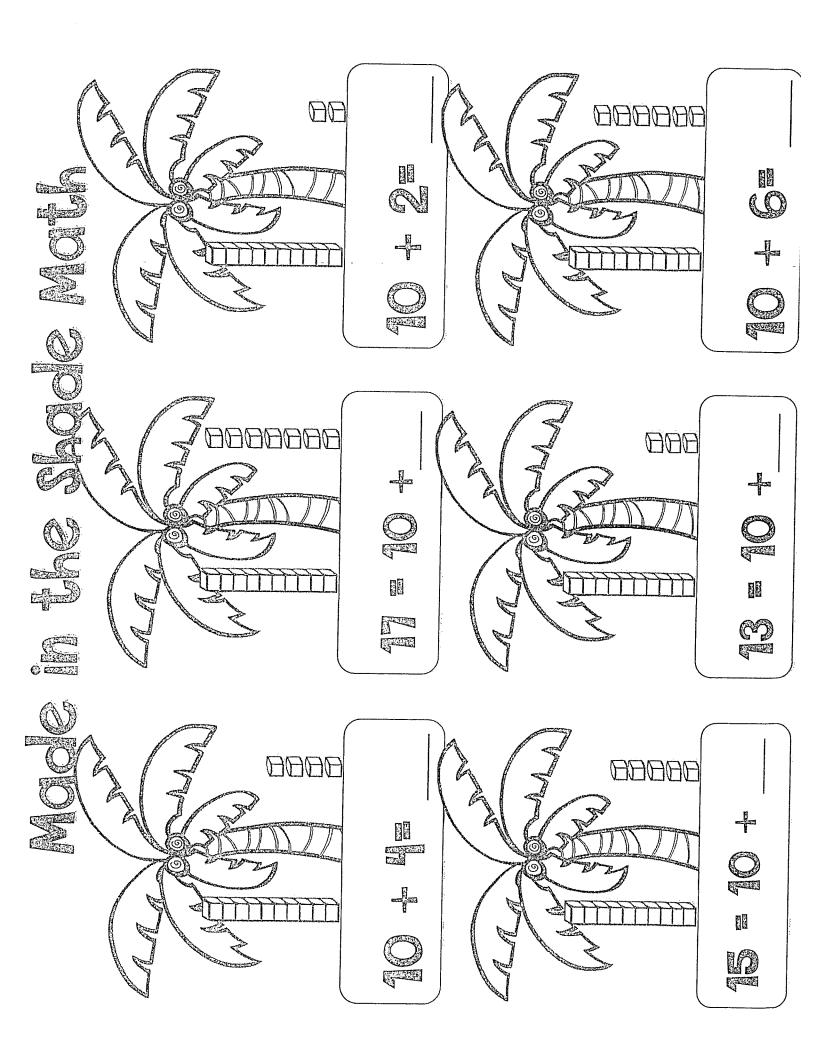


picked 4 flowers. How many flowers did they pick? Solve the problem Tim picked 6 flowers. Sara and show your work,



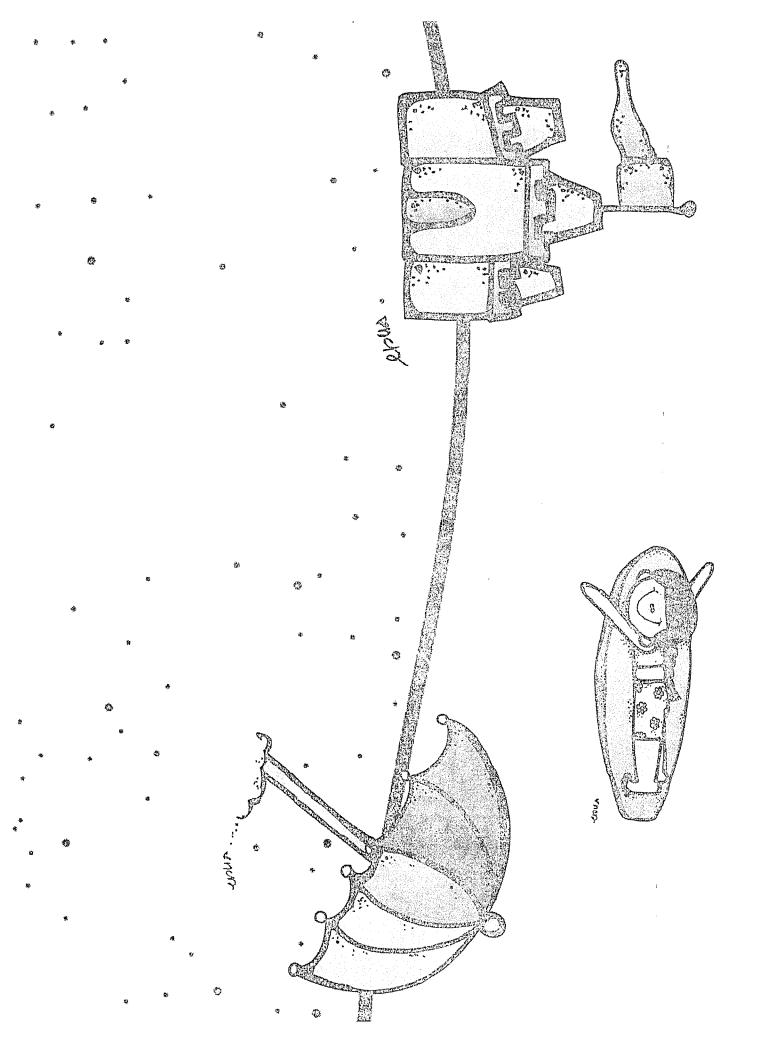






Follow the directions and draw on the beach scene on the next page.

- 1. Draw a sun ABOVE the sandcastle.
- 2. Draw a bucket UNDER the umbrella 3. Draw a fish NEXT TO the sumfer.
- 4. Draw a crab IN FRONT of the sandcastle 5. Draw a shell below the surfboard.

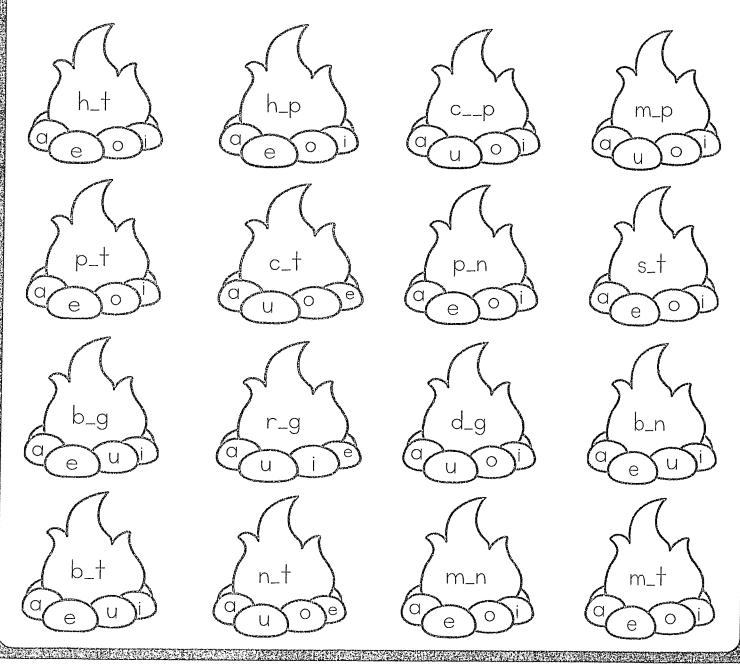


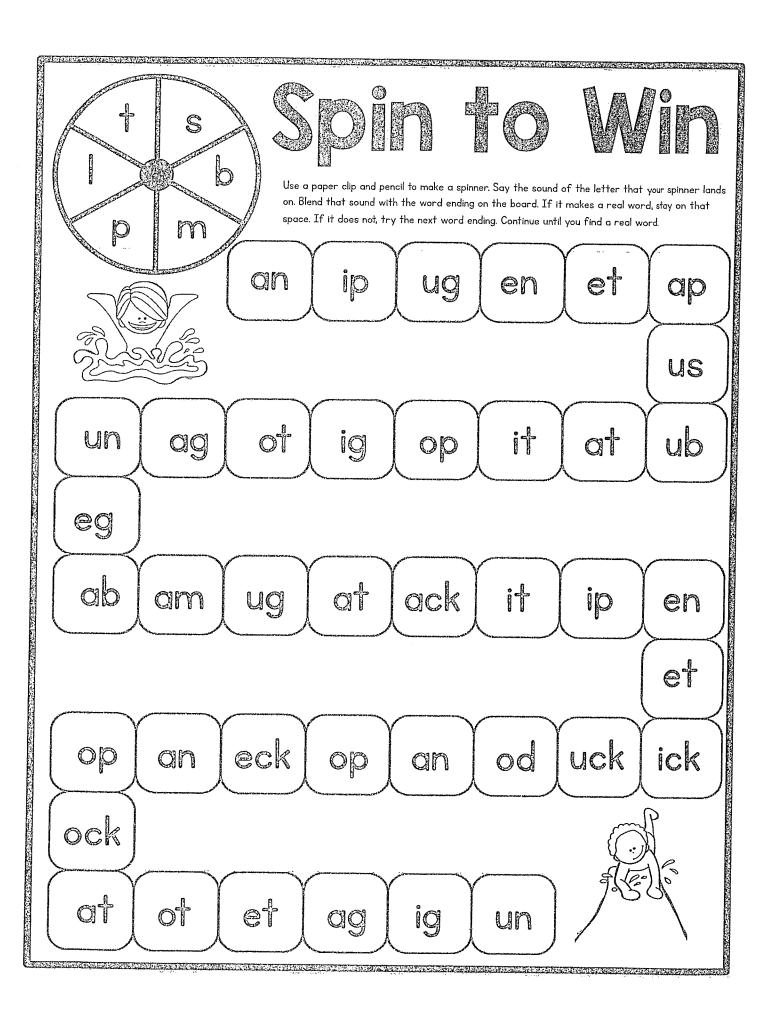
Name _____



Receing Around the Compfire

Read the words on the campfire. Fill in the word with a vowel from each rock. Color the rocks that make real words when added to the campfire. Instruct your child to point to the first letter in the fire and say the sound. Then point to the first rock and say the sound of that letter. Point to the last letter in the fire and make the sound. Repeat. Blend the sounds together to read the word. If it makes a real word, color that rock. Continue to the next rock.





Read the story. Then put the events in order below.

At the Pool

It is hot. Jan will go to the pool. Jan gets to the pool. She will get her swimsuit on. She will jump in. It is cool. She will do laps in the pool.

2

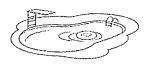
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Jan put<u>s</u> on her swimsuit. 🗎



Jan jumps in the pool.



Jan gets to the pool.



She swims in the pool.

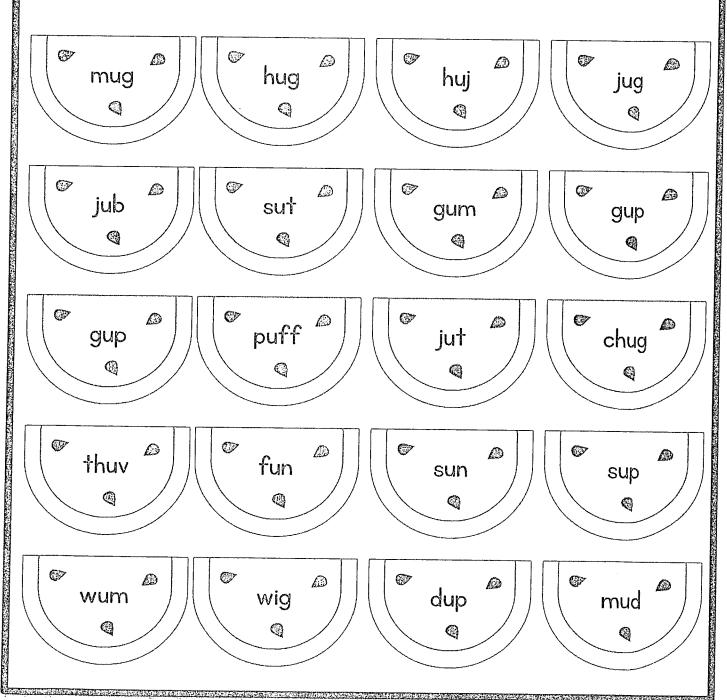
Name	
Word	Sentence

I dig in the sand.	sand	She plays in the sun.
He can swim.	sun	We are in a tent.
run	pool	He has a fish.

Name _____

Watermelon Words

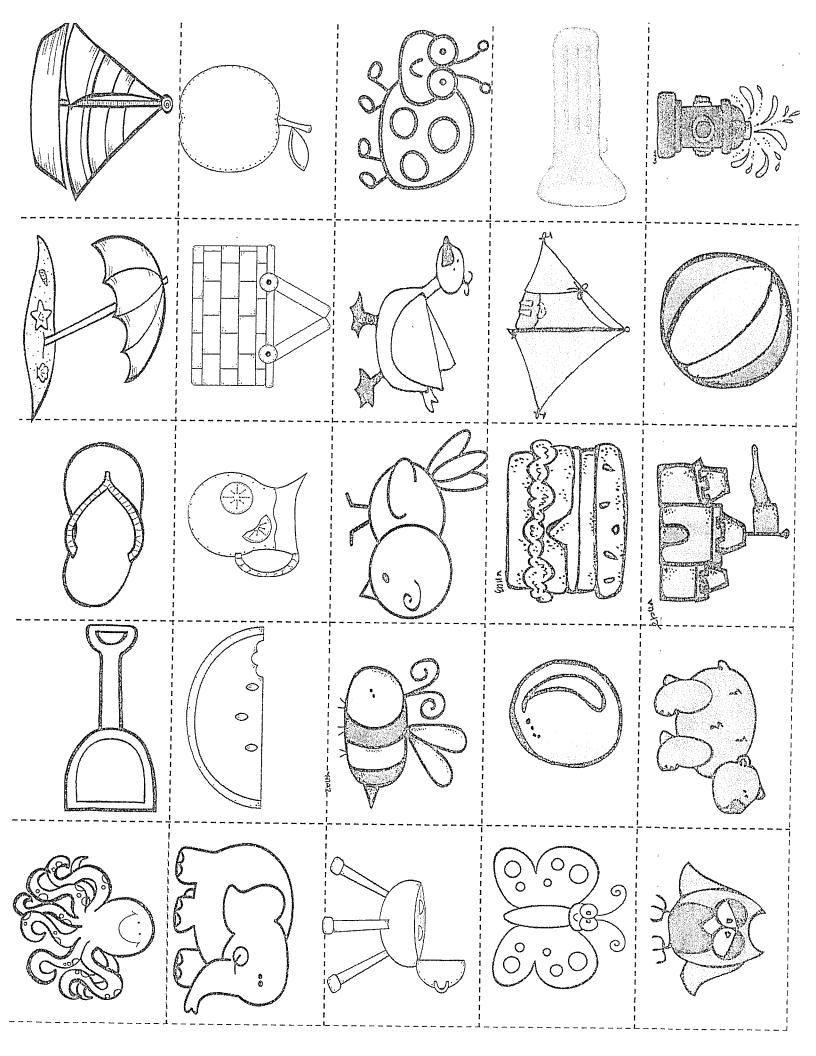
Directions: Read the words on the watermelons. Color the real words.

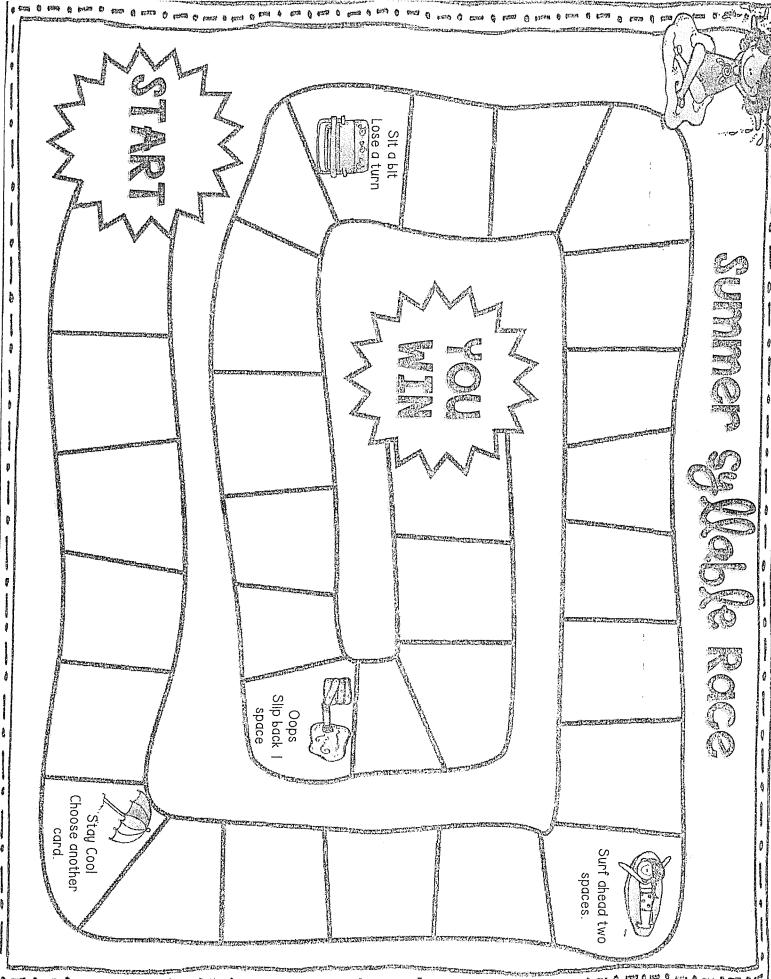


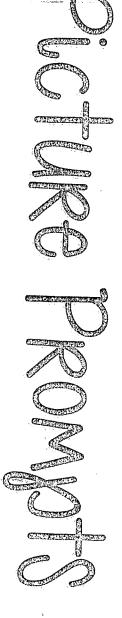
Materials: Pennies or small object as a game piece This is a quick game you can play with your child Game board

Syllable Cards

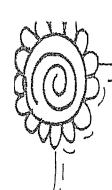
the end wins! number of spaces as syllables. The first player to make it to the number of syllables. The player will move the same Player one chooses a picture card, says the word and counts in a stack. Both players will put their game piece on START. Directions: Cut apart the syllable sound cards and place them

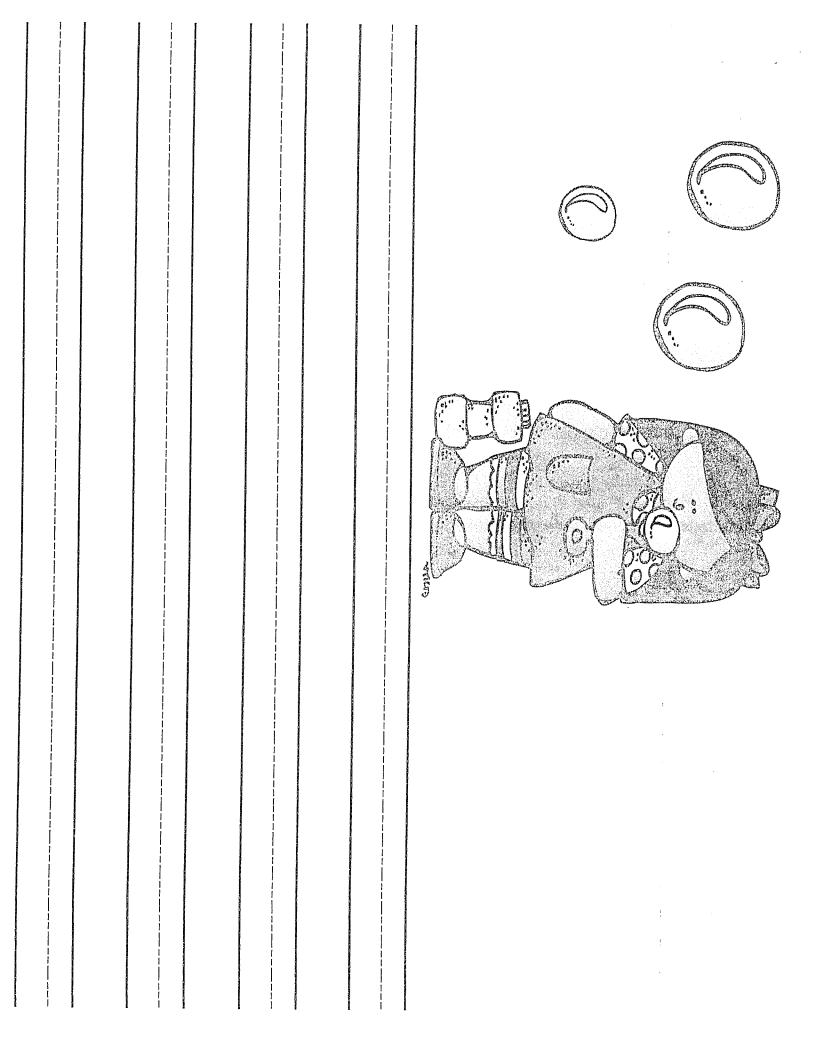


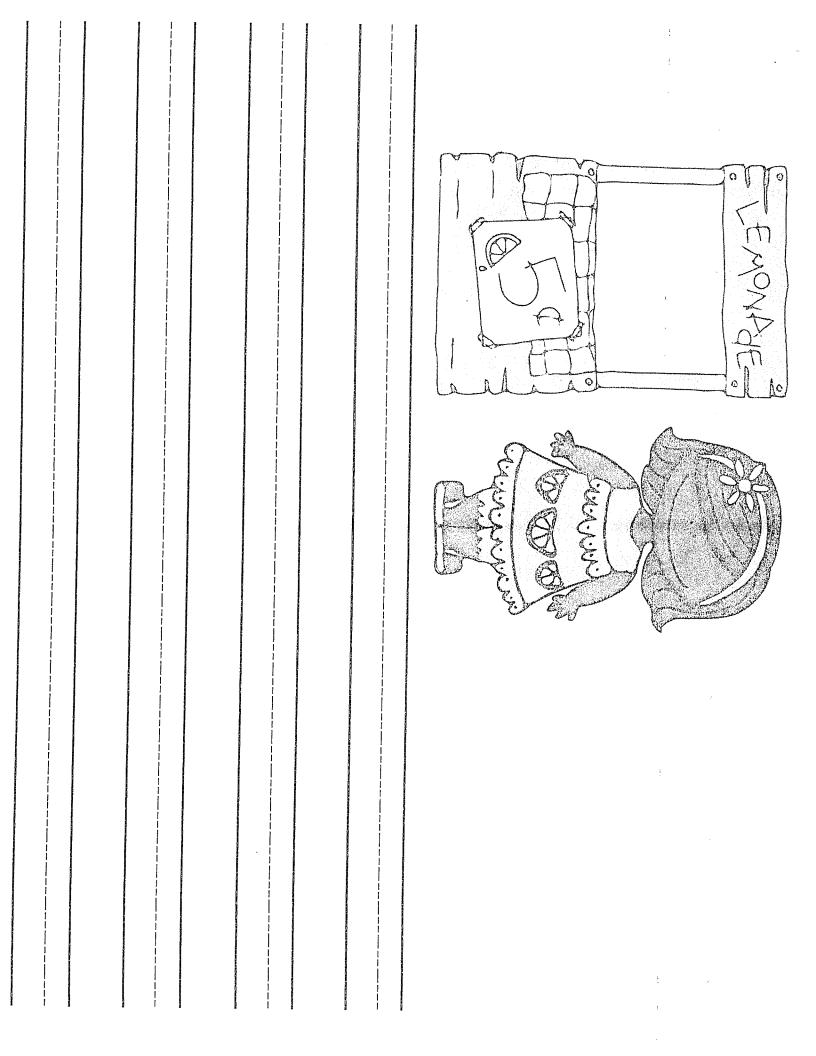


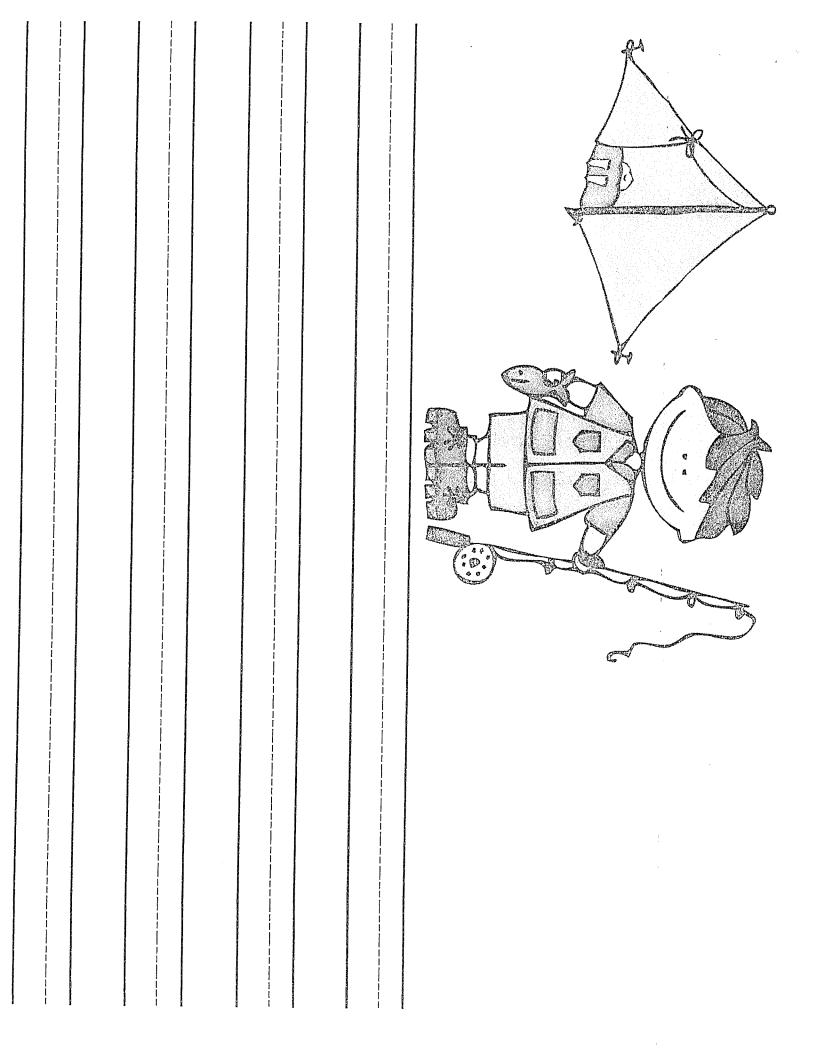


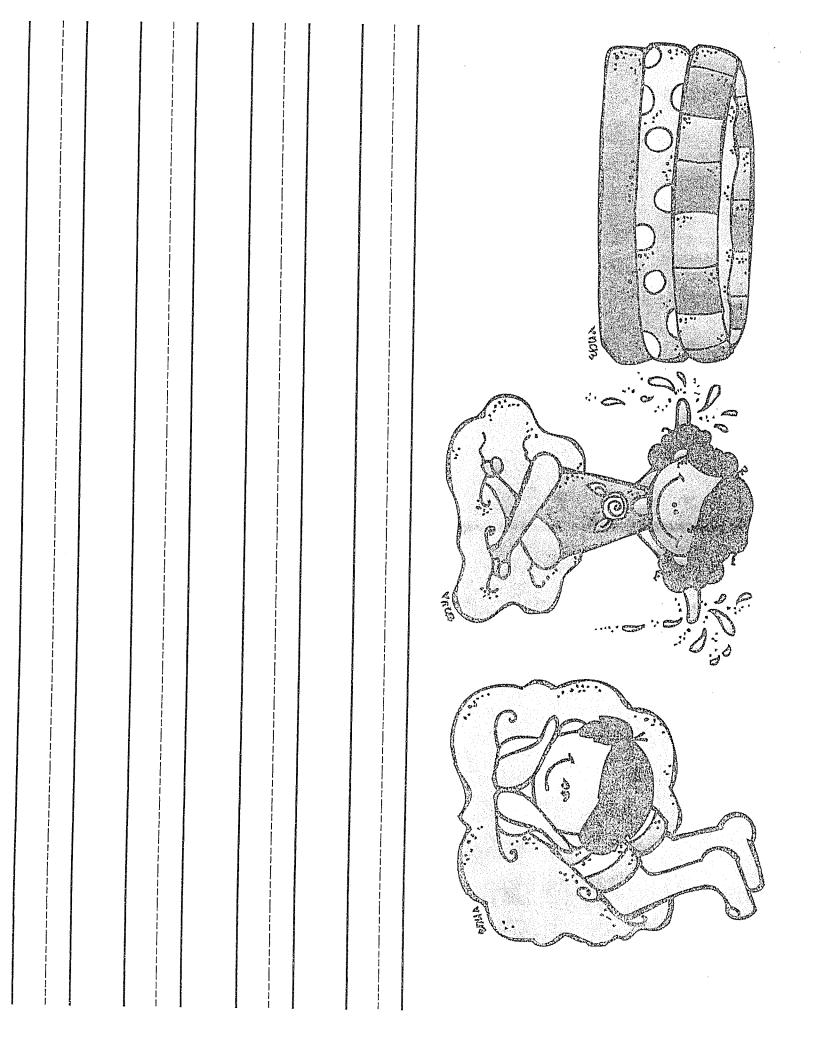
can make up a story or describe the and proper letter formation in their punctuation, capitalization, spacing picture. They need to use correct sentences about the picture. They The following are picture prompts Have your child write a few sentences











seconds. The following cards are sight words your child should be able to read within a matter of 30) (D Practicing these words will help S S S 0 \\ \c <u>フ</u> your child read するのく even more fluently in 1st grade. 3

			The following cards seconds. Practicing
			ds are sight words
			your child should help your child r
			be able to read wired even more fluer
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The following cards are color words and number words that will be helpful for your child to practice for first arade

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